OTHER HELPFUL INFORMATION CAN BE FOUND AT

Penn Medicine
https: //www.pennmedicine.org/

Huntington's Disease Society of America
www.hdsa.org

Dystonia Coalition
https: //www.rarediseasesnetwork.org/cms/dystonia

Lewy Body Dementia Association
https: //www.lbda.org/

International Essential Tremor Foundation
http: //www.essentialtremor.org/

National Ataxia Foundation
http: //www.ataxia.org/

REV. 6/2017

What is a Support Group?

A support group is a way for people to help each other cope with a problem that they all share. Members give and receive information and encouragement through the mail, phone calls and group meetings. Most groups meet monthly.

A Support Group Offers:

- social and emotional support to patients and their care partners
- education and information from peers and professionals
- a chance to be active on behalf of yourself and others in your community

There are many support groups linked to the Parkinson's Disease and Movement Disorders Center at Pennsylvania Hospital. Groups are now active in Pennsylvania, New Jersey, Maryland and Delaware.

Parkinson's Disease and Movement Disorders Center
at Pennsylvania Hospital
330 South 9th Street
Philadelphia, PA 19107
215-829-6500

Penn Medicine
800.789.PENN PennMedicine.org

Pennsylvania Hospital

Parkinson's Disease and Movement Disorders Center

SUPPORT *Groups*

Penn Medicine
Pennsylvania Hospital

Our support groups welcome you! Please call contact persons to verify meeting dates and times.

PENNSYLVANIA

Berks County
Reading Hospital (Building B)
Contact: Ralph W Blatt
Phone: 610-929-8627
E-mail: rblatt@aol.com

Delaware County
Bryn Mawr Presbyterian Church
Contact: Dollie Johnson
E-mail: rjohnson202@comcast.net

Bryn Mawr
Bryn Mawr Rehab Hospital
Contact: 484-596-4664
Email: ParkinSupportGr@mlhs.org

Doylestown
Doylestown Hospital
Health and Wellness Center
Contact: Mary Jane Barr-Silk
Phone: 215-345-2635
E-mail: mbarr-silk@dh.org

Elkins Park
Adath Jeshurun Synagogue
Contact: Suzanne Reichwein
Phone: 215-829-7273
E-mail: sreichwein@pahosp.com

Harrisburg
Jewish Home of Greater Harrisburg
Contact: Laura Freedman
Phone: 717-697-2513
E-mail: Freedman.Lauras@gmail.com

Lancaster
Landis Homes
Contact: Ruth Johnson
Phone: 717-509-5494
E-mail: lcpwpsupport@gmail.com

Langhorne
St. Mary Medical Center
Contact: Cindy
Phone: 215-710-5444

Lansdale
Meadowood Senior Living
Contact: Penni Elgart
Phone: 484-991-1024
E-mail: pelgart@mwood.org
Meets 2nd Thursday, 2: 00pm

Lebanon
Cornwall Manor
Contact: Diane Pomeroy
Phone: 717-454-0756
E-mail: gdpom@comcast.net

Lehigh Valley
Lehigh Valley Hospital
Contact: Gerry Haines
Phone: 610-868-3510
E-mail: brignal1@aol.com

Mechanicsburg
Bethany Village West
Contact: Carol Cressler
Phone: 717-877-0624
E-mail: cjcressler4040@gmail.com

Media
Riddle Village Retirement
Contact: Mary Wolstenholme
Phone: 610-891-3820
E-mail: maryw@riddlevillage.com

Mifflin County, PA
Lewistown
Hope Center
Contact: Eleanor Roth
Phone: 717-513-9369

New Holland
Garden Spot Village
Contact: Sherilyn Lapp
Phone: 717-355-6264
E-mail: slapp@gardenspotvillage.org

West Grove
Jenner's Pond
Contact: Tove Schuster
Phone: 610-869-6753
E-mail: tschuster@jennerspond.org

Philadelphia

Center City Exercise Group
Contact: Heather Cianci
Phone: 215-829-7275
E-mail: heather.cianci@uphs.upenn.edu
Registration Required, Fee

Chinatown
On Lok House Community Room
Contact: Yuliis Bell
Phone: 215-829-5078
E-mail: yuliis.bell@uphs.upenn.edu
Facilitates Mandarin and Cantonese translation

West Philadelphia
Ralston House
Contact: Yuliis Bell
Phone: 215-829-5078
E-mail: yuliis.bell@uphs.upenn.edu

Stroudsburg
Loder Building
Contact: Elaine Shuey, PhD. CCC-SLP
E-mail: EShuey@po-box.esu.edu

West Chester
West Chester Area Senior Center
Contact: Mary Jo Baldino
Phone: 610-696-6511 x 113
E-mail: mbaldino@nvnacc.com

York (Carepartners Group)
Queensgate Center
Contact: Tammy Barclift
Phone: 717-851-4585
E-mail: tbarclift@wellspan.org

NEW JERSEY

Cherry Hill
Parkinson's Caregiver Group
Cooper Neurological Institute
Contact: Corlyn Hullfish
Phone: 856-968-8581
Fox Rehab
Contact: Lisa Hughey
Phone: 877-407-3422
E-mail: lisa.hughey@foxrehab.org

Lawrenceville
Capital Health Hopewell
Contact: Victoria Pena
Phone: 609-537-7157

Linwood
Body in Balance
Contact: Ellie Hagan
Phone: 609-365-8499
www.bodyinbalance.com

Logan Township
The Health Center at Beckett Bldg.
Contact: Antoinette Shields or Mide Babalola
Phone: 856-467-6205

Mount Holly
Virtua Memorial Hospital
Contact: Myra Hirschhorn
E-mail: smhirsch35@comcast.net

Mount Laurel
Masonville Methodist Church
Contact: Wendy Schmidt
E-mail: wl.schmidt@yahoo.com

New Brunswick
RWJ University Hospital
Contact: Cheylena Williams
Phone: 732-745-7520
E-mail: cheylena.williams@rwjuh.edu

Sicklerville
St. Charles Borromeo Church
Contact: Jim Schultice
Phone: 856-629-0411
E-mail: jkschultice@comcast.net

Voorhees
Lions Gate
1110 Laurel Oak Road
Phone: 856-679-2200
E-mail: shymes@lionsgateccrc.org

Willingboro
Willingboro Public Library
Contact: Melissa Larkin
Phone: 609-877-6668

DELAWARE

Univ of Delaware
STAR Bldg., 540 S. College Ave.
Contact: Marge Fleming–Smith
Phone: 302-354-5453
E-mail: mflemingsmith@yahoo.com

Wilmington Hospital
Room 5S00
Contact: Tara Babe
Phone: 302-428-6673
E-mail: tbabe@christianacare.org

Christiana Hospital
Lobby Conference Room, 1100
Christiana Cook
E-mail: chrcook@christianacare.org

Christiana Care
Springside Plaza
Connor Bldg., Ste. 101
Contact: Stacy Gandia
Phone: 302-838-4700
E-mail: sgandia@christianacare.org

Christiana Care Rehab Services
100 S. Main St., Bldg. C, Ste. 106
Contact: Cynthia Huffine
Phone: 302-659-4500

Shipley Manor Retirement Home
2723 Shipley Road
Contact: Jay Kogan
Phone: 302-753-2700
E-mail: neurofitnesstherapy.com

Rehoboth Beach
Lutheran Church
Contact: Patricia Slygh
Phone: 302-856-2978
Contact: Dennis Leebel
Phone: 302-644-3465
Email: blleebel@verizon.net

SPECIALTY GROUPS

Women's Group
Center City, Philadelphia
Contact: Lori Katz
E-mail: lorikldtc@aol.com

Early Onset Women's Support Group
Contact: Gerrie Blavat
Email: PHLWwPD@gmail.com

Carepartners Group
Comprehensive Neurological Center
Contact: Karen Jacobson
Phone: 215-829-7273

Living Well with Parkinson's Disease Group
Comprehensive Neurological Center
Contact: Suzanne Reichwein
Phone: 215-829-7273
E-mail: sreichwein@pahosp.com

Deep Brain Stimulation
Pennsylvania Hospital: Hall Mercer Building
Contact: Josue Etienne
Phone: 215-829-2347
E-mail: josue.etienne@uphs.upenn.edu

Parkinson Plus Group
Comprehensive Neurological Center
Contact: Josue Etienne
Phone: 215-829-2347
E-mail: josue.etienne@uphs.upenn.edu