

PADRECC/EES - FY 2018-2019 Movement Disorder Series

Providing VHA healthcare professionals with current practice standards and emerging trends in the treatment of Parkinson's disease and other movement disorder.

1 hour virtual seminar using Adobe Connect

Sleep Issues in Parkinson's Disease

Amie Hiller, MD, Neurologist

Director of Fellowship, Northwest Parkinson's Disease Research, Education and Clinical Center (PADRECC)

Thursday, May 09, 2019

12:00 PM - 1:00 PM Eastern

(9-10am PT, 10-11am MT, 11am-12pm CT)

or

3:00 PM - 4:00 PM Eastern

(12-1pm PT, 1-2pm MT, 2-3pm CT)

Registration Link: [Sleep Issues and Parkinson's Disease](#) or go to **TMS** <https://www.tms.va.gov/SecureAuth35>, search the catalog for **Course: VA** select Course 38281 "Register Now". **Please register by May 09, 2019,**

On the day of seminar: log on to **Adobe Connect:** <http://va-eerc-ees.adobeconnect.com/r7m2l0d5mv7/>

AUDIO access: connect through your computer *or* call: **800-767-1750** **Conference ID:**
07352

Target Audience: VHA providers and health care clinicians/professionals interested in Parkinson's disease.

Continuing education credits: Doctors, Physician Assistants, Nurse Practitioners, Nurses, and Psychologists

Accreditations: ACCME, ACCME-NP, ANCC, and APA.

On-line evaluation in TMS must be completed by **June 09, 2019** to receive CEUs.

Description: Sleep difficulties are very common in Parkinson's disease (PD) and can be due to a broad range of etiologies. This talk will explain the typical changes in sleep patterns seen in persons with PD. The talk will review a range of other factors that can affect sleep in PD and the approach to managing these. Finally, the talk will review other causes of sleepiness and day time fatigue as well as approach to improving these.

Outcome Objectives:

- 1) Understand the change in sleep pattern that happens in persons with PD.
- 2) Understand the range of other sleep problems that can be present in persons with PD.
- 3) Specifically, be able to recognize the symptoms of REM Sleep Behavior Disorder and initial management approach.
- 4) Understand initial approach to a person with PD complaining of poor sleep and daytime fatigue.

Program Contacts:

EES Project Manager : sean.gamble@va.gov (314) 894-6458

PADRECC MDS Co-Chairs : Annie Li Wong annie.liwong@va.gov or Debra Dellinger debra.dellinger@va.gov

Parkinson's Disease Research Education & Clinical Center (PADRECC): www.parkinsons.va.gov

Future MDS series: September 12, 2019: Parkinson's Disease 101