

Parkinson's Support Groups Around the State

Northern Virginia area

Contact Parkinson Foundation of the National Capital Area at 703-734-1017

(www.parkinsonfoundation.org) for information about groups in Alexandria, Arlington, Fairfax, Gainesville, Manassas, & Springfield

Bedford

2nd Thursday at 2:30 pm, Carillion Bedford Memorial Hospital – Conference Room.
Contact Dave or Meg Ballard; (540) 586-1406

Bluefield

2nd Tuesday at 2 pm; Virginia Ave. United Methodist Church; contact Jean Brown; (276) 322-5715; rjldbrown@peoplepc.com

Charlottesville

2nd Monday at 1:30 pm at Westminster Canterbury of the Blue Ridge (on Pantops). Contact Susan Dietrich; (434) 982-4482

Chesapeake, Portsmouth, Suffolk

1st Saturday, 1 pm, Church of St. Therese. Contact Pat & Steve Yaros; (757) 489-4302

Danville

1st Wednesday at 2:00 pm, Trinity Methodist Church. Contact Jay or Ruth Whitt; (434) 792-2067

Eastern Shore/Onancock

Last Monday at 3:00 p.m., Hospice & Palliative Care of the Eastern Shore; Contact Betty Armsey; (757) 787-3310

Farmville

Contact Glenda Stone: 434-390-9839, for meeting dates. Meetings are at 6:00 p.m., Prince Edward Co. Nat. Res. Bldg, south of Lowe's

Fishersville

1st Saturday, 2:00 pm, Blue Ridge Church of Christ. Contact Keith Shank; (540) 255-1847

Fredericksburg

Last Wednesday at 10:30 a.m. Contact Jim & Earline Haney; (540) 371-7334

Front Royal

1st Wednesday at 1:00 pm, Warren Memorial Hospital. Contact Lee Mangene; (540) 868-8838

Caregivers Support Group: 2nd Tuesday of the month at 10:30 a.m.; call (540) 636-0138

Hampton

1st Tuesday at 3:00 pm; Sentara.
Contact Susie Garrison; (757) 827-2170

Harrisonburg

3rd Saturday at 1:00 pm, Rockingham Memorial Hospital. Contact Eva Showalter; (540) 828-5212

Hillsville

2nd Wednesday at 1:00 pm; St. Joseph Rectory.
Contact Mary Cox; (276) 728-3703

Loudoun

1st Tuesday at 1:30; Ashburn Public Library.
Contact Gary Heinberg; 703-404-5563

Lynchburg

3rd Tuesday at 2 pm at The Summit. Contact Jimmy White; (434) 239-2373

New River Valley/Blacksburg

3rd Wednesday at 2:30 pm, Blacksburg Library.
Contact Rick Richardson; 540-951-0040

Newport News

3rd Wednesday at 1:00 pm, Mary Immaculate Conference Center. Contact Cynthia Dowd; (757) 886-6381

4th Wednesday, 7 p.m., Riverside Regional Medical Center. Contact Sandy Snapp; (757) 534-5408

Norfolk, Virginia Beach,

1st Wednesday, 10 am. St. Andrew's United Methodist Church. Contact Zelia Graham; (757) 271-5969

Northern Neck/Middle Peninsula

2nd Wed at 1 p m; Carepartners meet also 1st Mon at 10:30 am (carepartners group) Rappahannock Westminster Canterbury. Contact Rita DePew; (804) 435-9553

Richmond

1st Tuesday of each month at 7:00 pm, (Discussion); Circle Center, 4900 W. Marshall St., (behind Krispy Kreme on Broad St.). Contact Ann Spinks; (804) 355-5717

3rd Sunday at 2 pm at Health South (Educational); 5700 Fitzhugh Avenue. Contact Kathy Morton; (804) 730-1336

4th Thursday each month at 1 pm PADRECC, McGuire VAMC; contact Lynn Klanchar; (804) 675-6952

Roanoke

3rd Tuesday at 2:00 pm Ronald McDonald House.
Contact Eric Anderson; (540) 721-1994

Williamsburg

2nd Monday at 1:30 pm, Williamsburg Landing.
Contact Joan Byrne; (757) 898-6674

Winchester

2nd Tuesday; 11 a.m., Winchester Church of God.
Contact Sharon Wilson; 304-258-0496

Young Parkinson's Groups

Charlottesville, VA; contact Debra Pressman at debra.pressman@gmail.com or (434) 996-1718.

Richmond, VA; 4th Sunday, 2 p.m., Church Office of St. Paul Lutheran Church, Mechanicsville, VA; contact Andrea Perseghin at 804-828-3747 or pdcenter@vcu.edu

Virginia Beach, VA; 1st & 3rd Saturdays, 10 a.m. at Old Donation Apt. Complex Clubhouse; contact Bob Johnson at 757-961-8564 or VBYoungOnsetPD@gmail.com

West Virginia

See Bluefield listing

Virginia Chapters of the American Parkinson Disease Association:

Hampton Roads Chapter, 757-495-3062,
www.hrparkinsons.com

Richmond Metro Chapter,
804-261-5201,
www.parkinsonrichmond.com

For those who cannot afford special equipment or supplies needed to manage the daily challenges of Parkinson's disease, please contact The Melvin Weinstein Parkinson Foundation; Marsha Anthony, (757) 313-9729; OR help@mwpf.org; OR www.mwpf.org

July 1, 2012