

SPECIALTY GROUPS

Carepartners Group
Comprehensive Neurological Center
Contact: Dolly Johnson
Phone: 215-829-7273
Meets: 4th Thursday, 1:00pm

Deep Brain Stimulation
Pennsylvania Hospital:
Hall Mercer Building
Contact: Kathryn McGill
Phone: 215-829-5052
E-mail: Kathryn.mcgill@uphs.upenn.edu
Meets: 1st Tuesday of the month, 10:00am

Early Onset Newly Diagnosed Group
Comprehensive Neurological Center
Contact: Suzanne Reichwein
Phone: 215-829-7273
E-mail: sreichwein@pahosp.com
Meets: 2nd Saturday, 10:00am

Newly Diagnosed
Sunrise Assisted Living (Abington)
Contact: Lorna Glassman
Phone: 215-542-2931
E-mail: gwynedrose@aol.com
Meets: 4th Tuesday, 1:00pm

Women's Group
Pennsylvania Hospital:
Hall Mercer Building
Contact: Julie Stutzbach
Phone: 215-829-7651
E-mail: Julie.stutzbach@uphs.upenn.edu
Meets: 2nd Monday, 11:00am

OTHER MOVEMENT DISORDERS

Dystonia Medical Research Foundation
Paoli Memorial Hospital
Contact: Art Hindle
Phone: 610-459-2242
Meets: Call for dates and time.

Essential Tremor
Pennsylvania Hospital:
Hall Mercer Building
Contact: Julie Stutzbach
Phone: 215-829-7651
E-mail: Julie.stutzbach@uphs.upenn.edu
Meets: 2nd Tuesday of every other month, 10:00am

St. George Senior Housing
E-mail: myrnluvya70@gmail.com
Please note ET in subject line
Or contact Julie Stutzbach
Phone: 215-829-7651
Meets: 1st Saturday, every other month

Huntington's Disease Society
Phone: 610-277-1066
Meets: Call for information

Lewy Body Dementia
Susquehanna Valley
St. Peter's Lutheran Church
Contact: Kim Lemon
Phone: 717-572-9908
E-mail: kim.kitten.lemon@gmail.com
Meets: 1st Tuesday of every other month

Parkinson Plus Group
Comprehensive Neurological Center
Contact: Christin Salemno
Phone: 215-829-2347
E-mail: christin.salemno@uphs.upenn.edu
Meets: Call for dates and time.

REV. 10/2011

What is a Support Group?

A support group is a way for people to help each other cope with a problem that they all share. Members give and receive information and encouragement through the mail, phone calls and group meetings. Most groups meet monthly.

A Support Group Offers:

- social and emotional support to patients and their care partners
- education and information from peers and professionals
- a chance to be active on behalf of yourself and others in your community

There are many support groups linked to the Parkinson's Disease and Movement Disorders Center at Pennsylvania Hospital. Groups are now active in Pennsylvania, New Jersey, Maryland and Delaware.

Parkinson's Disease and Movement Disorders Center

Penn Comprehensive Neuroscience Center
at Pennsylvania Hospital
330 South 9th Street
Philadelphia, PA 19107
215-829-7273
sreichwein@pahosp.com



Penn Medicine
800.789.PENN pennmedicine.org

Penn Comprehensive Neuroscience Center
at Pennsylvania Hospital

**Parkinson's Disease and
Movement Disorders Center**

SUPPORT Groups



Penn Medicine
Pennsylvania Hospital

Our support groups welcome you! Please call contact persons to verify meeting dates and times.

PENNSYLVANIA

Berks County

Reading Hospital (Bldg. B)
Contact: Ralph W Blatt
Phone: 610-929-8627
E-mail: rblatt@aol.com
Meets: 2nd Sunday, 2:00pm

Chester

Silberman Center
Contact: Susan Curry
Phone: 610-447-2911
Meets: 1st Thursday, 1:00pm

Delaware County

*Patient Exercise/Carepartner
Groups*

Bryn Mawr Presbyterian
Church
Contact: Debi Weinberg
E-mail: debisw@comcast.net
Phone: 610-649-1260
Meets: Every Tuesday, 2:00pm

Doylestown

Doylestown Hospital
Contact: Mary Jane Barr-Silk
Phone: 215-345-2635
E-mail: mbarr-silk@dh.org
Meets: 2nd Tuesday, 1:30pm

Elkins Park

Adath Jeshurun Synagogue
Contact: Suzanne Reichwein
Phone: 215-829-7273
E-mail: sreichwein@pahosp.com
Meets: 1st Thursday, 1:30pm

Gettysburg

Wellspan Adams Health
Center – Room 201
Contact: Jill Herr
Phone: 717-634-5200
Meets: 3rd Wednesday,
1:00pm

Harleysville

Peter Becker Community
Maplewoods Estates
Contact: Laura Detwiler
Phone: 215-703-4038
E-mail: ldetwilder@peterbeckercommunity.com
Meets: 4th Tuesday, 1:00pm

Harrisburg

Jewish Home of Greater
Harrisburg
Contact: Faye Morrison
Phone: 717-441-8627
Meets:
3rd Wednesday, 2:00pm

Lancaster

Landis Homes
Contact: Ruth Johnson
Phone: 717-509-5494
E-mail:
lcpwpsupport@gmail.com
Meets: 3rd Monday, 2:00pm

Lebanon

Cornwall Manor
Contact: Dorothy Cushman
Phone: 717-270-1692
Meets: 3rd Monday, every
other month 2:30pm

Lehigh Valley

Lehigh Valley Hospital –
Muhlenberg Banko Building
Contact: Gerry Haines
Phone: 610-868-3510
E-mail: brignal1@aol.com
Meets: 4th Tuesday, 10:00am

Lycoming Valley

Faith United Methodist
Church
Contact: Liz Ashley
Phone: 570-546-3283
Meets: 3rd Thursday, 7:00pm

Mechanicsburg

Seidle Memorial Hospital
Contact: Paul Monko
Phone: 717-502-1001
Meets: 2nd Wednesday,
1:30pm

New Holland

Garden Spot Village
Contact: Judy Shaffer
Phone: 717-355-6259
E-mail: jshaifer@gardenpotvillage.org
Meets: 4th Monday, 2-3:00pm

Newtown

Pennswood Village
Contact: Hans Nord
Phone: 215-860-5314
Meets: 1st Thursday,
10:30am

Philadelphia

Center City

Comprehensive
Neuroscience Center
Contact: Suzanne Reichwein
Phone: 215-829-7273
E-mail: sreichwein@pahosp.com
Meets: 3rd Thursday, 6:30pm

Center City Exercise Group

Contact: Heather Cianci
Phone: 215-829-7275
E-mail: heather.cianci@uphs.upenn.edu
Meets: Every Thursday,
1:00pm
Registration Required, Fee

Chinatown

On Lok Social Service
Center
Contact: Julie Stutzbach
Phone: 215-829-7651
E-mail: Julie.stutzbach@uphs.upenn.edu
Meets: 4th Thursday of every
other month, 1-2:30pm
Facilitates Mandarin and
Cantonese translation

West Philadelphia

LIFE Center
Contact: Julie Stutzbach
Phone: 215-829-7651
E-mail: Julie.stutzbach@uphs.upenn.edu
Meets: 3rd Tuesday of the
month, 1-2:30pm

Phoenixville

St. John's Lutheran Church
Contacts: Barbara O'Connor
Jessica Kalemba
Phone: 610-983-1288
Meets: 2nd Monday, 1:00pm

Stroudsburg

Loder Building
Contact: Kate Koehler
Phone: 570-420-3746
E-mail: lodersr@co.monroe.pa.us
Meets: 3rd Wednesday,
2:00pm

West Chester

West Chester Area Senior
Center
Contact: Mary Jo Baldino
Phone: 610-696-6511 x 113
E-mail: mbladino@nvacc.com
Meets: Last Wednesday,
1:15pm

West Grove

Jenner's Pond
Contact: Nadine O'Neill
Phone: 610-869-6753
Meets: Call for dates
and time.

Wynnewood

Lankenau Hospital
Contact: Randi Gollomp
Phone: 610-642-5371
Meets: Call for dates
and time.

York

Calvary United Methodist
Church
Contact: Cindy Capresecco
Phone: 717-851-3313
E-mail: ccapresecco@wellspan.org
Meets: 2nd Thursday, 7:15pm

York (Carepartners Group)

Queensgate Center
Contact: Cindy Capresecco
Phone: 717-851-5822
E-mail: ccapresecco@wellspan.org
Meets: 1st Friday, 3:30pm

NEW JERSEY

Absecon

Absecon Presbyterian
Church
Contact: Karen Muldoon
Phone: 609-335-7927
Meets: 1st Thursday, 2:00pm

Cape May

Victoria Commons
Assisted Living
Contact: Rita Tumaszczyk
Phone: 609-886-2455
Meets: 2nd Thursday, 1:00pm

Deptford

Deptford Public Library
Contact: Paul Thomas
Phone: 856-767-7454
Meets: 1st Wednesday,
1-3:00pm

Lawrenceville

Presbyterian Church
Contact: Janice McCurdy
Phone: 602-882-0322
E-mail: info@seniorcaremgt.com
Meets: 3rd Wednesday,
1:00pm

Monmouth County

Monmouth Mall
Contact: Angela Levy
Phone: 732-229-1150
Meets Every Tuesday,
10:00am

Mount Holly

Virtua Memorial Hospital
Contact: Myra Hirschorn
Phone: 609-304-7076
E-mail: smhirsch35@comcast.net
Meets: 3rd Wednesday,
7:00pm

Voorhees

Voorhees Senior Living
Contact: Tiffany McGovern
Phone: 856-566-2340
E-mail: tmcgovern@5sqc.com
Meets: 4th Wednesday of
every month, 12-1:00pm

Westfield

Presbyterian Church
Contact: Barbara Ringk
Phone: 908-322-9214
Meets: 2nd Monday, 1:30pm

DELAWARE

Dover

Bayhealth Medical Center
Contact: Cindy Drew
Phone: 302-744-6227
E-mail: mmc_caregiver@hotmail.com
Meets: 1st Friday, 5:00pm

Lewes

Tunnell Cancer Center
Contact: Dennis Leebel
Phone: 302-644-3465
E-mail: lleebel@verizon.net
Meets 1st Monday,
2-3:30pm

Newark

Newark Senior Center
Contact: David Kaplan
Phone: 302-239-1190
E-mail: pdyodah@yahoo.com
Meets: 1st Thursday,
10:15am

Wilmington

Wilmington /PEP
Presbyterian Church of the
Covenant
Contact: Bob Cordrey
Phone: 610-497-3891
E-mail: bob@cordrey.org
Meets: 4th Sunday, 1:30pm

MARYLAND

Lower Shore

MAC Center: Salisbury
Contact: Kent N. Kimmel,
PhD.
Phone: (410) 749-8511
E-mail: PDLowershore@gmail.com
Meets: 3rd Wednesday of
each month
Caregivers Meet: 1st
Wednesday of each month