

The NW PADRECC Presents

Health & Wellness Fair 2014

for **Movement Disorders and Healthy Aging**

Friday, June 13, 2014

9:30 a.m. to 1:00 p.m.

Portland VA Medical Center Auditorium

3710 SW US Veterans Hosp. Rd, Portland, OR 97239

Keynote Speaker 11:00 a.m.

Healthy Sleep, Healthy Brain

Presented by:

Eilis Boudreau, MD, PhD

VA Staff Neurologist, Associate Professor, OHSU

- **Exhibits include:** Home Health, Fall prevention, Recreational therapy, Deep Brain Stimulation surgery (DBS), Exercise, Tai Chi, Dance, Caregiver Support, Physical Therapy, Occupational Therapy, Hospice, Social Work, Research, and More!
- **Refreshments Provided!**
- **Door Prizes!**
- **Specialists in:** Parkinson's disease, tremor, Huntington's disease, dystonia, and other movement disorders.

Call us at **(503) 721-1091** for questions, or visit our website at **www.parkinsons.va.gov/northwest**



**VA
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**Parkinson's
Disease**
Research,
Education &
Clinical Center
Northwest VA
PADRECC

No Registration Required!

This event is free and open to
Veterans, Patients, Caregivers, VA
Employees, and Health Care Providers

Portland VA Medical Center

3710 SW US Veterans Hospital Road, Portland, OR 97239

Driving Directions:

From The North

Travel south on I-5; cross the Willamette River via the Marquam Bridge, following the signs to City Center/Beaverton. Take 6th Ave exit. Get in the left lane immediately and turn left on College. Turn left on Broadway, stay in the right lane, and follow the signs to VA Hospital.

From The South

From I-5 North take the Corbett exit (# 298), turn left on to Corbett. At the four-way stop take a left on to Hamilton. At the light cross Barbur and go up the hill on Hamilton until you reach *Hamilton Terrace*. Turn right on Hamilton Terrace, and drive until you reach Terwilliger Blvd. Turn right on Terwilliger and follow signs to the VA Hospital.

Map of Portland Campus

