

Continuing Medical Education



**Perelman**  
School of Medicine  
UNIVERSITY of PENNSYLVANIA

In conjunction with:

**PHILADELPHIA VA MEDICAL CENTER**

*Present*

**8th Annual**

## **PADRECC/MIRECC SYMPOSIUM: THE INTERFACE OF PSYCHIATRY AND NEUROLOGY**

**RISK FACTORS, EARLY DETECTION, AND MANAGEMENT OF THE  
MOTOR AND COGNITIVE SYMPTOMS OF PARKINSON'S DISEASE  
AND DEMENTIA WITH LEWY BODIES**



**A CME-CERTIFIED COURSE**

**Friday, November 9, 2012**

**8:30 AM – 3:45 PM**

**Inn at Penn Hotel &  
Conference Center  
3600 Samson Street  
Philadelphia, PA 19104**

**Course Directors:**

**John E. Duda, MD**

**David Oslin, MD**

**Daniel Weintraub, MD**



**Parkinson's  
Disease**  
Research,  
Education &  
Clinical Center  
Philadelphia VA  
PADRECC

**MIRECC**



## COURSE OVERVIEW & TARGET AUDIENCE

The number of persons with Parkinson's disease (PD) and dementia with Lewy bodies (DLB) continues to grow rapidly, and cognitive impairment is increasingly recognized as a long-term outcome in PD. With current and future testing of numerous compounds for possible disease-modifying effects for all Lewy body disorders, clinicians will need to accurately diagnose patients at the earliest possible disease stage. In addition, given the limitations of existing therapies for the non-motor symptoms of PD and DLB, there is a need for developing and testing a range of non-pharmacologic management strategies, including psychotherapy and caregiver-based interventions. This symposium will provide the latest information on the risk factors for Lewy body disorders, as well as their initial presentation and management. In addition, the current pharmacologic and non-pharmacologic options for the management of cognitive and other non-motor symptoms in PD and DLB will be reviewed.

This conference is designed for neurologists, psychiatrists, internists, family practice physicians, psychologists, and nurses.

### Course Objectives

Upon completion of the program, learners should be able to:

- Identify risk factors and preclinical signs and biomarkers for Parkinson's disease and dementia with Lewy bodies
- Describe risk factors for cognitive dysfunction and dementia in patients with Parkinson's disease
- Discuss approaches to assessing mild parkinsonism and formulating differential diagnoses
- Describe assessment tools and diagnostic considerations for early cognitive impairment in Parkinson's disease and dementia with Lewy bodies
- Explain management strategies for de novo and early Parkinson's disease
- Describe pharmacological management options for cognitive deficits in Parkinson's disease and dementia with Lewy bodies
- Discuss the role of the caregiver in the management of cognitive impairment and Parkinson's disease as well as effective caregiver intervention strategies
- Describe the role patient and family counseling can play in the care of the patient with dementia and other neuropsychiatric disorders in Parkinson's disease

### Hosting Institutions

This course is a continuing medical education service of the Perelman School of Medicine at the University of Pennsylvania, Office of Continuing Medical Education in conjunction with the Philadelphia VA Medical Center.

### Accreditation

**Physicians:** The Perelman School of Medicine at the University of Pennsylvania is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

**Nurses:** The Office of Human Research, Perelman School of Medicine at the University of Pennsylvania is an approved provider of continuing education by the Pennsylvania State Nurses Credentialing Center's Commission on Accreditation, an accredited approver by the American Credentialing Center's Commission of Accreditation.

**Psychologists:** The Department of Psychiatry, University of Pennsylvania is approved by the American Psychological Association to sponsor continuing education for psychologists. The Department of Psychiatry University of Pennsylvania maintains responsibility for this program and its content.

### Designation of Credit

**Physicians:** The Perelman School of Medicine at the University of Pennsylvania designates this live activity for a maximum of 5.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**PA State Nurses Association:** This continuing nursing education activity is approved for 5.5 contact hours.

**Psychologists:** The Department of Psychiatry, University of Pennsylvania designates this educational activity for a maximum of 5.5 continuing education credits.

**Psychiatry:** An application has been submitted to the University of Pennsylvania Department of Psychiatry for this conference to offer psychiatry CE's. Approval is pending.

**Social Workers:** The PA State Board of Social Workers, Marriage and Family Therapists and Professional Counselors approved the School of Social Policy and the Perelman School of Medicine at the University of Pennsylvania as a designated provider of social work contact hours. Attendees must submit their certificate of attendance to the state board for recognition.

### Disclosures

Perelman School of Medicine at the University of Pennsylvania, Office of Continuing Medical Education, adheres to the ACCME Standards for Commercial Support. Faculty disclosure information will be made available in the conference materials and syllabi. Faculty members are also expected to disclose to participants any discussions of off-label and/or investigational uses of pharmaceutical products within their presentations.







## Registration Fees

The registration fees for the *8th Annual PADRECC/MIRECC Symposium: The Interface of Psychiatry and Neurology* are \$75 for physicians and allied health professionals and \$29 for residents and fellows. VA Medical Center and UPHS employees, faculty and staff should call 215-898-8005 for the special course rate.

The registration fee includes course registration, continental breakfast, refreshment breaks, lunch, and a course syllabus.

You may register online for the course by visiting [www.pennmcneonline.com](http://www.pennmcneonline.com) and click on CME Activities. You may also mail or fax your completed registration form and payment. Please see the bottom of the attached registration form for mailing and faxing information. All registrations will be confirmed in writing if your registration form and fee are received by October 26, 2012.

## Cancellation and Refund Policy

In order to process refunds for course withdrawals, cancellations must be received in writing by October 26, 2012 (subject to a service charge of \$15.00). No refunds will be issued thereafter.

The University reserves the right to cancel or postpone this course due to unforeseen circumstances. In the event of a cancellation or postponement, the University will refund any registration fees but is not responsible for related costs or expenses to participants, including cancellation fees assessed by hotels, airlines, and travel agencies.

## Date and Location

The *8th Annual PADRECC/MIRECC Symposium: The Interface of Psychiatry and Neurology* will be held on Friday, November 9, 2012 at the Inn at Penn Hotel & Conference Center, 3600 Samson Street, Philadelphia, PA 19104.

**Services for the Disabled** If special arrangements are required for an individual with a disability to attend this meeting, please contact the Office of Continuing Medical Education no later than October 26, 2012, at 215-898-9800.

**Nondiscrimination Statement** The University of Pennsylvania values diversity and seeks talented students, faculty, and staff from diverse backgrounds. The University of Pennsylvania does not discriminate on the basis of race, sex, sexual orientation, gender identity, religion, color, national or ethnic origin, age, disability, or status as a Vietnam Era Veteran or disabled veteran in the administration of educational policies, programs or activities; admissions policies; scholarship and loan awards; athletic, or other University administered programs or employment. Questions or complaints regarding this policy should be directed to Executive Director, Office of Affirmative Action and Equal Opportunity Programs, 3600 Chestnut Street, Sansom Place East Suite 228, Philadelphia PA 19104-6106 or 215-898-6993 (Voice) or 215-898-7803 (TDD). [www.upenn.edu/affirm-action](http://www.upenn.edu/affirm-action).

**Unless otherwise indicated, the Course Directors and Faculty are from Penn Medicine, Philadelphia, PA**

### Course Directors

**John E. Duda, MD**  
Director, Parkinson's Disease  
Research, Education and  
Clinical Center  
Perelman School of Medicine  
at the University of Pennsylvania  
Assistant Professor of Neurology  
Philadelphia VA Medical Center

**David Oslin, MD**  
Associate Professor  
Geriatrics and Addictive Psychiatry  
Perelman School of Medicine  
at the University of Pennsylvania  
Director, VISN4 MIRECC  
Philadelphia VA Medical Center

**Daniel Weintraub, MD**  
Associate Professor of Psychiatry  
and Neurology  
Section of Geriatric Psychiatry  
Perelman School of Medicine  
at the University of Pennsylvania  
Consultant Psychiatrist  
Parkinson's Disease and Mental Illness  
Research, Education and Clinical  
Centers (PADRECC and MIRECC)  
Philadelphia VA Medical Center

### Course Faculty

**Roseanne Dobkins, PhD**  
Associate Professor of Psychiatry  
UMDNJ - Robert Wood Johnson  
Medical School  
Piscataway, NJ

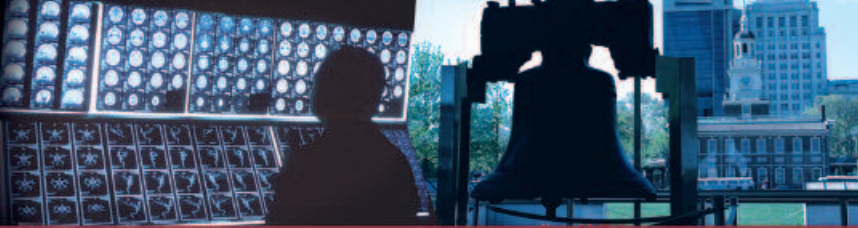
**Laura N. Gitlin, PhD**  
Professor, Department of Health Systems  
and Outcomes, School of Nursing  
Joint appointment, Department of  
Psychiatry, School of Medicine  
Director, Johns Hopkins University  
School of Nursing Center  
for Innovative Care in Aging  
John Hopkins University  
School of Nursing  
Baltimore, MD

**Rachel G. Gross, MD**  
Assistant Professor of Neurology  
Perelman School of Medicine  
at the University of Pennsylvania

**Paul Moberg, PhD**  
Associate Professor of Neuropsychology  
Perelman School of Medicine  
at the University of Pennsylvania

**James Morley, MD, PhD**  
Associate Director of Research  
PADRECC  
Instructor in Neurology  
Perelman School of Medicine  
at the University of Pennsylvania  
Philadelphia VA Medical Center

**Alice Chen-Plotkin, MD**  
Assistant Professor of Neurology  
Perelman School of Medicine  
at the University of Pennsylvania



Friday, November 9, 2012

# AGENDA

- 8:30 AM – 9:00 AM **Registration and Continental Breakfast**
- 9:00 AM – 9:15 AM **Welcome and Opening Remarks**  
*John Duda, MD*  
*David Oslin, MD*
- 9:15 AM – 9:45 AM **Risk Factors and Preclinical Biomarkers for Parkinson's Disease and Dementia with Lewy Bodies**  
*James Morley, MD*
- 9:45 AM – 10:15 AM **Risk Factors for Cognitive Decline in Parkinson's Disease**  
*Rachel Goldman Gross, MD*
- 10:15 AM – 10:30 AM **Break**
- 10:30 AM – 11:00 AM **Differential Diagnosis and Assessment of Mild Parkinsonism**  
*John Duda, MD*
- 11:00 AM – 11:30 AM **Assessment of Early Cognitive Impairment in Parkinson's Disease and Dementia with Lewy Bodies**  
*Paul Moberg, PhD*
- 11:30 AM – 12:00 PM **Panel Discussion and Questions**
- 12:00 PM – 1:00 PM **Lunch**
- 1:00 PM – 1:30 PM **Current Thinking on the Management of Early Parkinson's Disease**  
*Alice Chen-Plotkin, MD*
- 1:30 PM – 2:00 PM **Pharmacological Management of Cognitive Deficits in Parkinson's Disease and Dementia with Lewy Bodies**  
*Daniel Weintraub, MD*
- 2:00 PM – 2:30 PM **Caregiver Interventions in Dementia**  
*Laura Gitlin, PhD*
- 2:30 PM – 3:00 PM **Considerations for Patient and Family Therapy and Counseling for Non-Motor Features of Parkinson's Disease**  
*Roseanne Dobkins, PhD*
- 3:00 PM – 3:30 PM **Panel Discussion and Questions**
- 3:30 PM – 3:45 PM **Adjourn**

## CME Registration Form

8th Annual

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**The Interface of Psychiatry and Neurology  
Risk Factors, Early Detection, and Management of the  
Motor and Cognitive Symptoms of Parkinson's Disease  
and Dementia with Lewy Bodies**

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To register online for the course please visit [www.pennmcmeonline.com](http://www.pennmcmeonline.com)  
and click on CME Activities

**You May Also Mail or Fax Payment and Registration Information to:**

Conference Coordinator, Perelman School of Medicine at the  
University of Pennsylvania, Office of Continuing Medical Education  
333 Blockley Hall, 423 Guardian Drive, Philadelphia, PA 19104-6021  
Phone: 215-898-6400 or 215-898-8005; Fax: 215-898-1888  
[pennmcme@mail.med.upenn.edu](mailto:pennmcme@mail.med.upenn.edu)

Please print or type

Name (First) (Last)

Academic Degree

Medical Specialty

Affiliation (Hospital, Office, or Company)

Address ( ☐ Affiliation or ☐ Home)

City State Zip

Phone Fax

E-mail

**Registration Fee** (pre-payment is required to be officially registered)

☐ \$75 Physicians and Allied Health Professionals

☐ \$29 Residents and Fellows

☐ UPHS and VA Faculty and Staff:

Call the number above for the special course rate

**Payment Method**

Make check payable to **The Trustees of the University of Pennsylvania/CME**

☐ Visa ☐ MasterCard ☐ Discover ☐ American Express

Authorization Signature

Cardholder Name

Card # Security Code Exp. Date

Please Note: Walk-in registrants must bring payment to the program.  
Seating may be limited for walk-in registrants.

Seating for VA Medical Center employees, faculty & staff is limited.  
All VA attendees must pre-register and will be notified if registration is denied  
due to space limitations.

333 Blockley Hall | 423 Guardian Drive  
Philadelphia, Pennsylvania 19104-6021

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PAID  
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Phila., PA 19104

