

Mobile Computing for Parkinson's Disease

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Disclosures

Presenter has nothing to disclose.

Outline

- **Growth of mobile computing**
- **Point of care data entry**
- **Home monitoring for MS**
- **Monitoring in Parkinson's Disease**
- **Medical education**

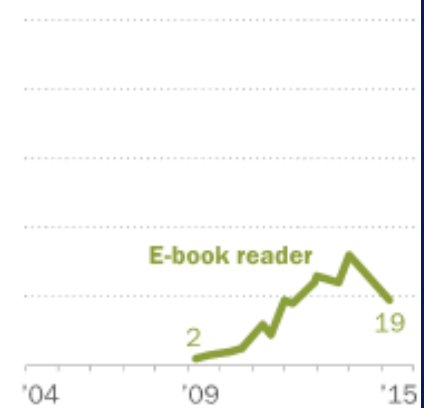
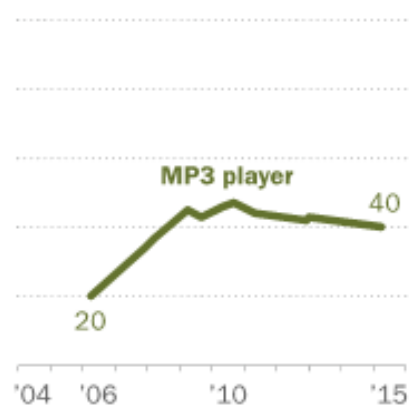
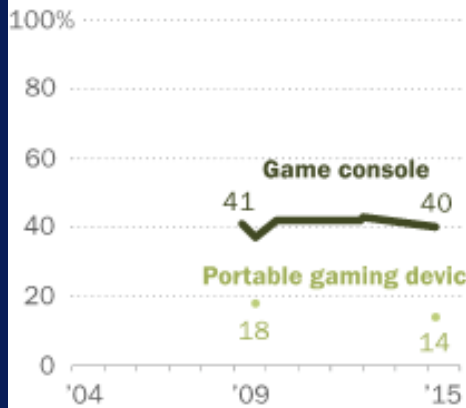
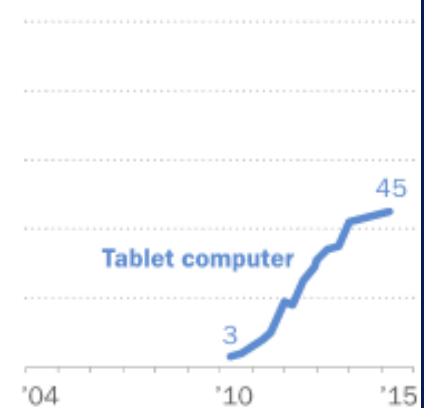
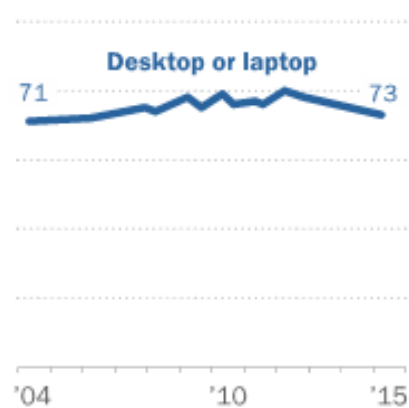
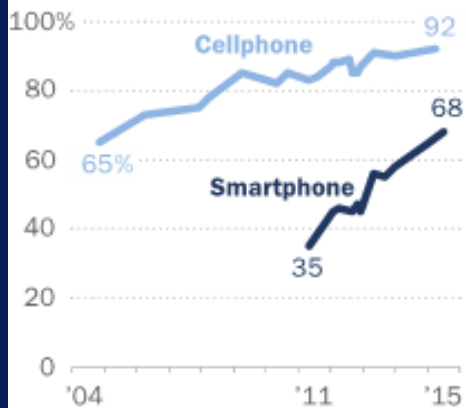
Tablets Have Surpassed PCs Worldwide

Worldwide Device Shipments by Segment (Thousands of Units)

Device Type	2013	2014	2015
Traditional PCs (Desk-Based and Notebook)	296,131	276,221	261,657
Ultramobiles, Premium	21,517	32,251	55,032
PC Market Total	317,648	308,472	316,689
Tablets	206,807	256,308	320,964
Mobile Phones	1,806,964	1,862,766	1,946,456
Other Ultramobiles (Hybrid and Clamshell)	2,981	5,381	7,645
Total	2,334,400	2,432,927	2,591,753

Smartphone and Tablet Ownership is Growing in the US

% of U.S. adults who own the following devices

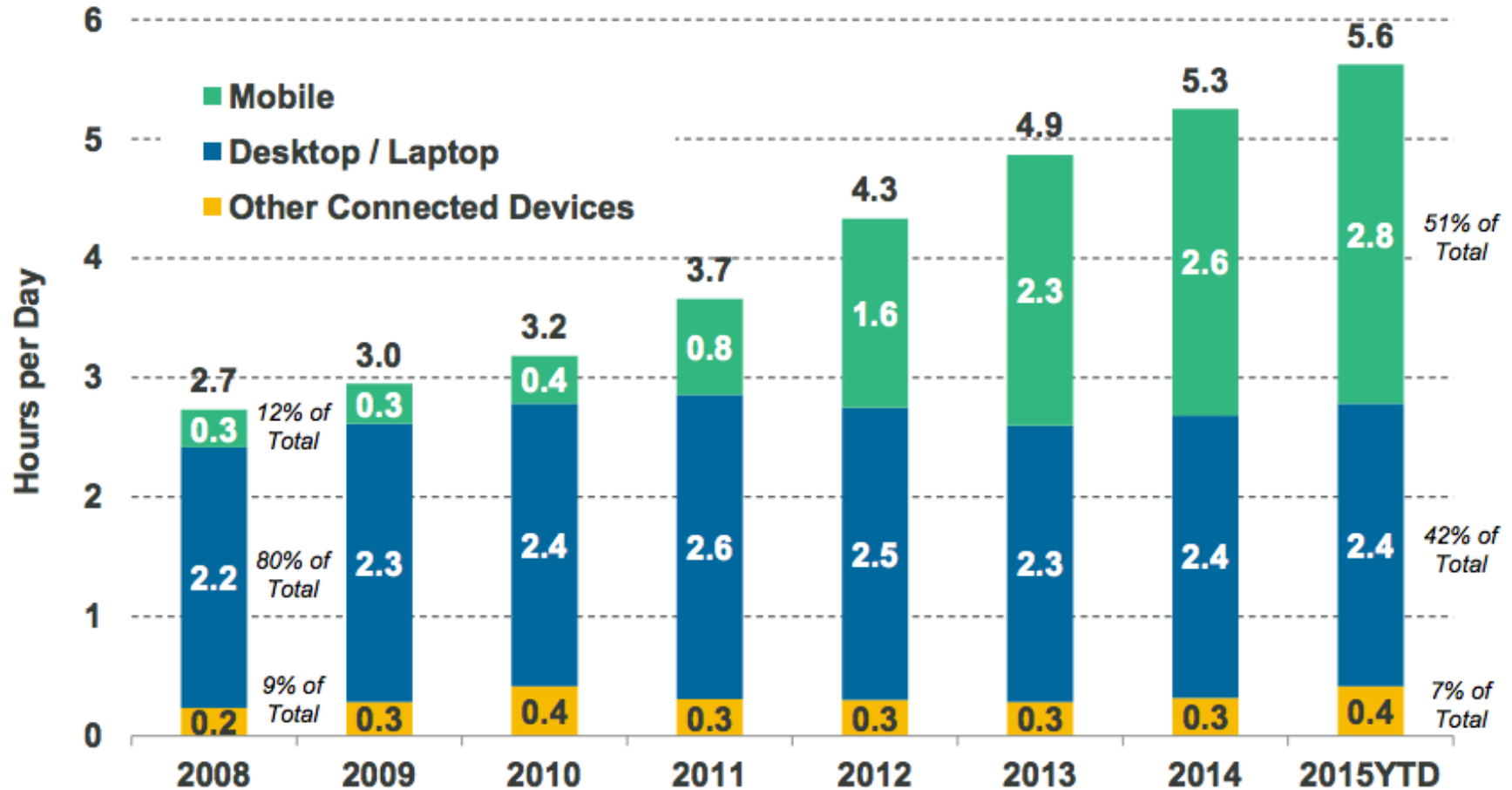


Source: Pew Research Center survey conducted March 17-April 12, 2015. Smartphone data based on Pew Research survey conducted June 10-July 12, 2015. Trend data are from previous Pew Research surveys.

Internet Usage (Engagement) Growth Solid

+11% Y/Y = Mobile @ 3 Hours / Day per User vs. <1 Five Years Ago, USA

Time Spent per Adult User per Day with Digital Media, USA, 2008 – 2015YTD



Multi-Device Use is Common



As of June 2015

EDIS Steve

54.87.208.226/edis/#

Menu Last Updated: 12:25:59 CPE Main (default) New Patient

Visit	Room/Bed	Acult	Identity	Complaint	Status	Disposition	MD/P/ARN	Res:EMins	Comment	L	I	Clinic	NewMin
WAIT	1	Ten, Inpatient 0810	complaint ED Patient	ED Patient	Patient	OP	TT 6143	comments	0/ 0/ ER 27 28: 8 0 35				
WAIT	3	Seventy, Outpatient 0617							0/ 0/ ER 3 44: 0 0 06				
WAIT		Nineteen, Outpatient 0619							0/ 0/ GM 4 44: 0 0 05				
WAIT	2	Twenty, Outpatient 0620							0/ 0/ PC 6 44: 0 0 M 04				
WAIT	5	Eighteen, Inpatient 0818							0/ 0/ ER 8 44: 0 0 00				
WAIT	4	Twenty, Inpatient 0821							3/ 0/ ER 23 43: 16 0 41				
WAIT	5	Forty-eight, Outpatient 0648							0/ 0/ GM 13 23: 8 0 58				
Bed 10	3	Twenty, Outpatient 0623							0/ 0/ ER 38 23: 17 0 54				
WAIT	4	Twentyfive, Outpatient 0625							0/ 0/ GM 1 23: 0 0 27				
WAIT		Outpatient, Girl							0/ 0/ GM 0 01: 0 0 36				

Set Complaint

Twenty, Outpatient

DOB: MAR 9,1945 Age: 70 SSN: 666-00-0620
 Room: WAIT10 Visit: 10/20/2015 16:21

Go To Visit Worksheet

Complaint for Display Board

Private Complaint (optional) Characters remaining: 33

Characters remaining: 220

Launch Stroke Pathway

Cancel

Save

Standard Order Set

Submit Standard Order Set

Labs	
<input type="checkbox"/> Pregnancy Test	<input checked="" type="radio"/> SERUM <input type="radio"/> URINE <input type="radio"/> POC
Troponin	<input checked="" type="radio"/> LAB <input type="radio"/> POC
Basic Chemistry Panel	
Blood Glucose Test (fingerstick)	
CBC	
EKG	
INR	
PT	
PTT	

Rads	
Chest X-ray, portable	
CT Scan of Head, non-contrast	

Stroke Pathway x Steve

54.87.208.226/stroke-pathway/#nih-stroke-scale

Menu NIH Stroke Scale Back to mEDIS CPE

TWENTY, OUTPATIENT
MAR 9, 1945 (70)
666000620

Time since onset:
00:42:33

Previous Stroke Scales New Stroke Scale

Instructions

Long Form Short Form If you would like more instruction and tips for each question, select the "Long Form" button, or you can tap "More Info" on each question.

1. Level of Consciousness More Info

A. Level of Consciousness:

- 0 = **Alert**; keenly responsive
- 1 = **Not Alert**; but arousable by **minor stimulation** to obey, answer, or respond.
- 2 = **Not Alert**; requires **repeated stimulation** to attend, or is obtunded and

B. Questions:

- 0 = Answers **both**
- 1 = Answers **one** question correctly.
- 2 = Answers **neither** question correctly.

C. Commands:

- 0 = Performs **both**
- 1 = Performs **one** task correctly.
- 2 = Performs **neither** task correctly.

Questions Answered: 0 of 11
Current Score: 0

enter electronic signature here...

Cancel Save & Close Confirm & Submit

TWENTY, OUTPATIENT
MAR 9, 1945 (70)
666000620 Time since onset:
00:52:50

Time of Symptoms Onset **Confirmed by OP**

Stroke Signs and Symptoms **Confirmed by OP**

Orders **Standard Set Ordered**

CT Scan **Resulted
No Contraindications**

Nursing Flowsheet
Fingerstick blood glucose: 70 mg/dL
Serum blood glucose: 70 mg/dL
Vitals (last taken **10-22-15 12:37**)
B/P: **140/90** Heart Rate: **80bpm**
SPO2: **94%** Respiration Rate: **12**
Temperature: **98F**

Dysphagia Screening **Passed** Failed

NIH Stroke Scale 11/11 complete **Score: 7, Confirmed**

Contraindications **Confirmed by OP, 1 Rel**

Consent Consent not Obtained

Order tPA

Weight Confirmation

Patient weight obtained from vitals taken @ 12:37 10-22-2015

180.01	lbs	81.65	kg
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[Load weight from vitals](#) [Change Weight](#)

tPA Order Details

Dosage infusion calculation:

- Bolus and Infusion rates are calculated according to patient weight
- 0.9mg per kilogram of patient's weight (up to max of 100kg / 90mg)
- Bolus for first 10% of dosage over one minute
- IV for remaining 90% of dosage over one hour

Dosage	Breakdown
Total Dose: 73.49mg	Bolus dose over 1 minute: 7.35mg Infusion dose over 1 hour: 66.14mg

Comments


7. Limb Ataxia: 0 = Absent.
8. Sensory: 0 = Normal; no sensory loss.
9. Best Language: 1 = Mild-to-moderate aphasia; some obvious loss of fluency or facility of comprehension, without significant limitation on ideas expressed or form of expression. Reduction of speech and/or comprehension, however, makes conversation about provided materials difficult or impossible. For example, in conversation about provided materials, examiner can identify picture or naming card content from patient's response.
10. Dysarthria: 0 = Normal.
11. Extinction and Inattention (formerly Neglect): 0 = No abnormality.

10/22/2015 12:50:20 EDT: One Programmer confirmed the following radiological contraindications from CT Scan: No tPA contraindications present on CT scan
10/22/2015 12:50:20 EDT: One Programmer confirmed no historical tPA Contraindications
10/22/2015 12:52:32 EDT: One Programmer confirmed the following radiological contraindications from CT Scan: No tPA contraindications present on CT scan
10/22/2015 12:52:32 EDT: One Programmer confirmed the following relative contraindications: Major surgery in previous 14 days
10/22/2015 12:53:41 EDT: The patient consent was updated to Consent Approved by Patient Representative.
10/22/2015 12:54:32 EDT: The patient consent was updated to Consent Approved by Patient.
10/22/2015 12:56:05 EDT: One Programmer overrode tPA contraindications.
10/22/2015 12:56:05 EDT: Major surgery in previous 14 days overridden because risk outweighed by tpa treatment. Hernia surgery - minor with few complications
10/22/2015 12:56:25 EDT: One Programmer confirmed patient weight to be 180.01lbs. / 81.65kg.
10/22/2015 12:58:00 EDT: One Programmer ordered ALTEPLASE INJ,LYPHL 100 MG in SODIUM CHLORIDE 0.9% INJ 100 ml IVP 441 ml/hr with total volume 7.35ml STAT for TWENTY, OUTPATIENT
10/22/2015 12:58:00 EDT: One Programmer ordered ALTEPLASE INJ,LYPHL 100 MG in SODIUM CHLORIDE 0.9% INJ 100 ml IV 66.14 ml/hr with total volume 66.14ml STAT for TWENTY, OUTPATIENT
10/22/2015 12:58:00 EDT: One Programmer ordered tPA. 7.35mg BOLUS IV PUSH for 1 minute 66.14mg IV DRIP for 1 hour

Multiple Sclerosis Home Automated Telemonitoring (MS-HAT)







Main Menu

Home Automated Telemanagement

- 1 - Start Exercises 
- 2 - View Exercise Safety Tips
- 3 - Update My Current Exercises
- 4 - Review My Exercise Program
- 5 - Shut Down My Computer

Main Menu

Your Exercises for this Session. . .

		1. <i>Knee to Chest</i>	Sets Completed 1
		2. <i>Trunk Rotation</i>	Sets Completed 0
		3. <i>Face-Lying over Pillow</i>	Sets Completed 0
		4. <i>Seated</i>	Sets Completed 0

Press **ENTER** to start an exercise | Press **EXIT** to end this session

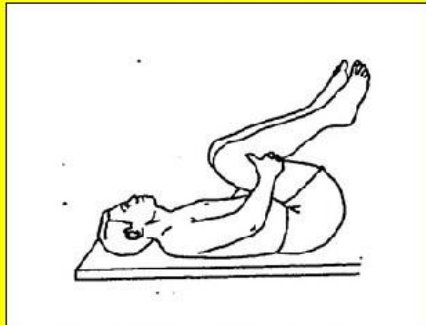
Home Station: Exercise Directions

Exercise

Stretching Exercises

Knee to Chest

1. Lie on back with knees bent
2. Slowly pull both knees toward the chest, gently stretching the low back muscles just enough to flatten the low back on floor.
3. Hold for three breaths.
4. Return to starting position.



Press <Replay> to Start/Stop Video

Do **4** times

Press Enter to continue

Exercise

Stretching Exercises

Knee to Chest

1. Lie on back with knees bent
2. Slowly pull both knees toward the chest, gently stretching the low back muscles just enough to flatten the low back on floor.
3. Hold for three breaths.
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Press <Replay> to Start/Stop Video

Do **4** times

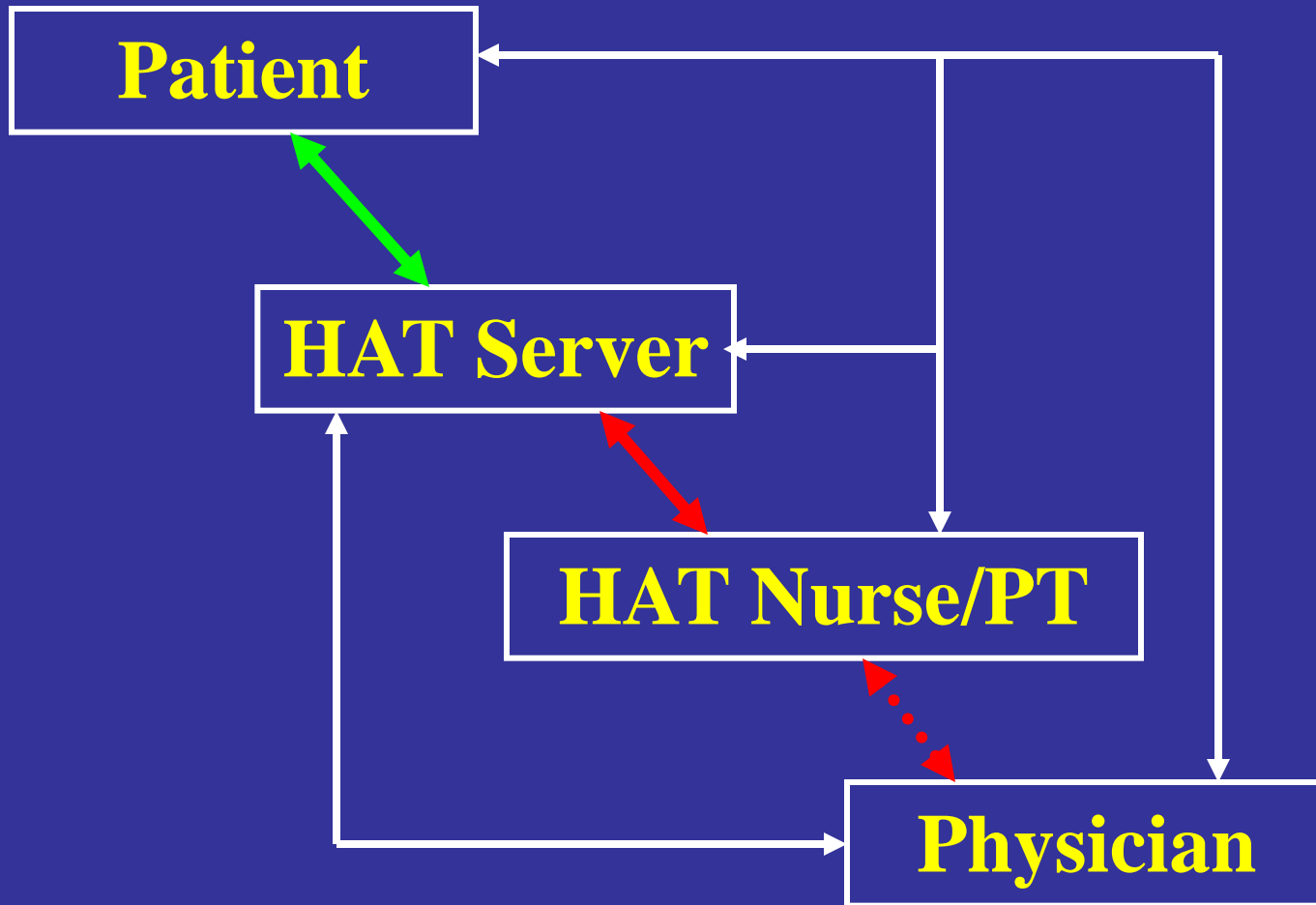
Press Enter to continue

- HAT ID: 49
- [Current Alerts](#)
- [List of Patients](#)
- Patient Management
 - [Patient summary](#)
 - [Disease profile](#)
 - [Current Exercises](#)
 - [Dosage Calendar](#)
 - [Self-testing Calendar](#)
 - [Treatment goals](#)
 - [Alert history](#)
 - [Monthly reports](#)
 - [Home monitoring](#)
 - [Message for the patient](#)
 - [Clinical notes](#)
- [Add New Patient](#)
- Edit Patient Profile
 - [Patient summary](#)
 - [Disease profile](#)
 - [Edit Current Exercises](#)
 - [Dosage Calendar](#)
 - [Self-testing Calendar](#)
 - [Treatment goals](#)
 - [Clinician data](#)

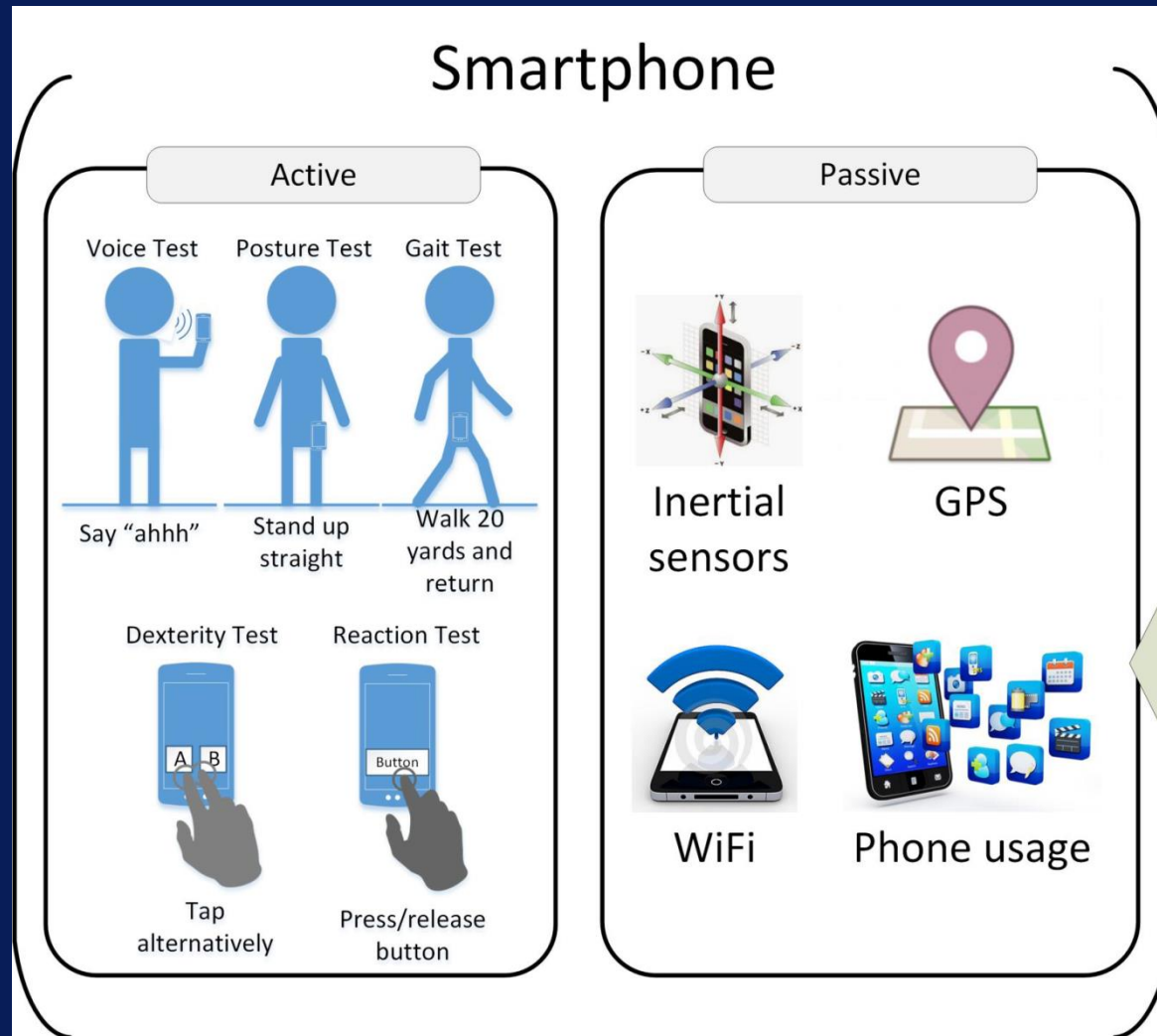
Use the table below to create a new exercise plan:

Exercise	Sequence Num	Seconds	Times	Sets	Sessions	Weights	Add new
LOW BACK STRETCHING							
Knee to Chest	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Trunk Rotation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Face-Lying over Pillow	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Seated	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
MID BACK STRETCHING							
Hands and Knees	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
HIP FLEXOR STRETCHING							
One Joint (Iliopsoas)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Two Joint (Rectus Femoris)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
HAMSTRING STRETCHING							
Active - Seated	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Active - Lying down with Towel Assist	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
HAMSTRING & CALF STRETCHING							
Passive - Seated with Towel Assist	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
CALF MUSCLE STRETCHING							
Calf Muscles: Gastroc Stretching-Standing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Calf Muscle: Soleus Stretch-	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

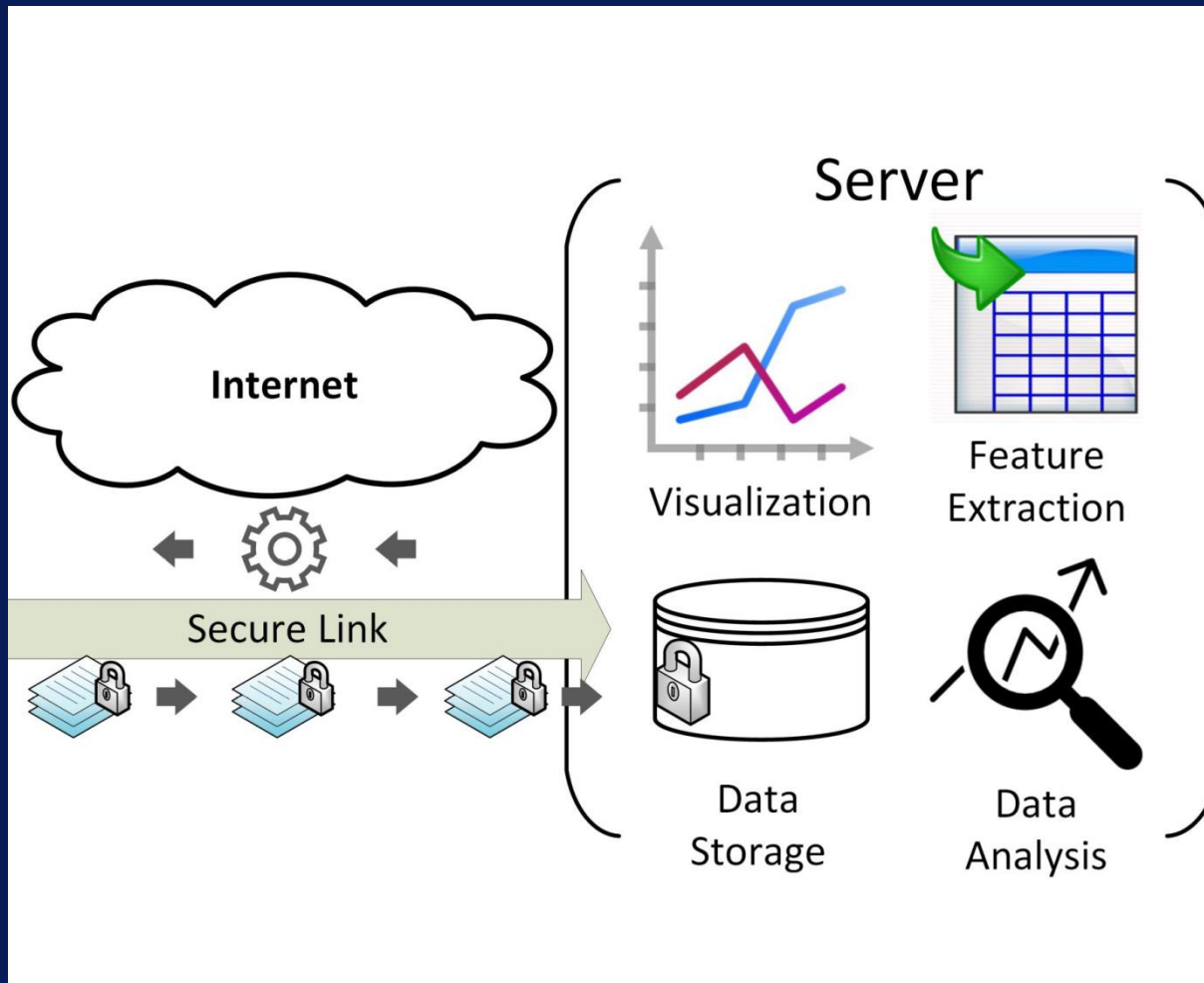
Information Flow in HAT



PD Monitoring via Smart Phone and Tasks



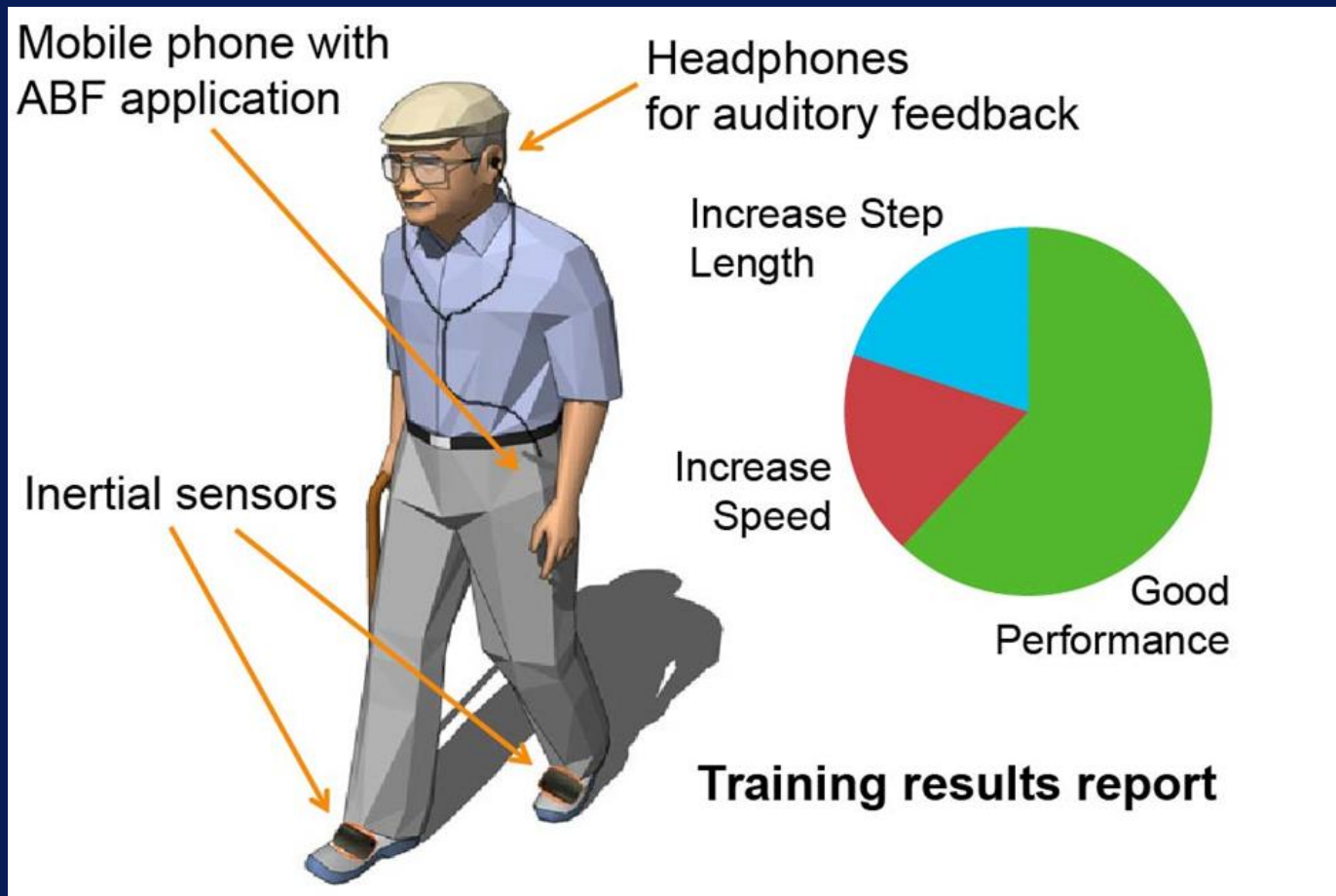
PD Monitoring via Smart Phone and Tasks



Project Goals

- **Assess the feasibility of remote, online recruitment and app installation**
- **Objectively measure and quantify five factors of PD (voice, balance, dexterity, gait, and reaction time)**
- **Measure daily variability of these and other factors including mobility and socialization**
- **Correlate app sensor data and clinical assessments from the UPDRS in a subset of participants**

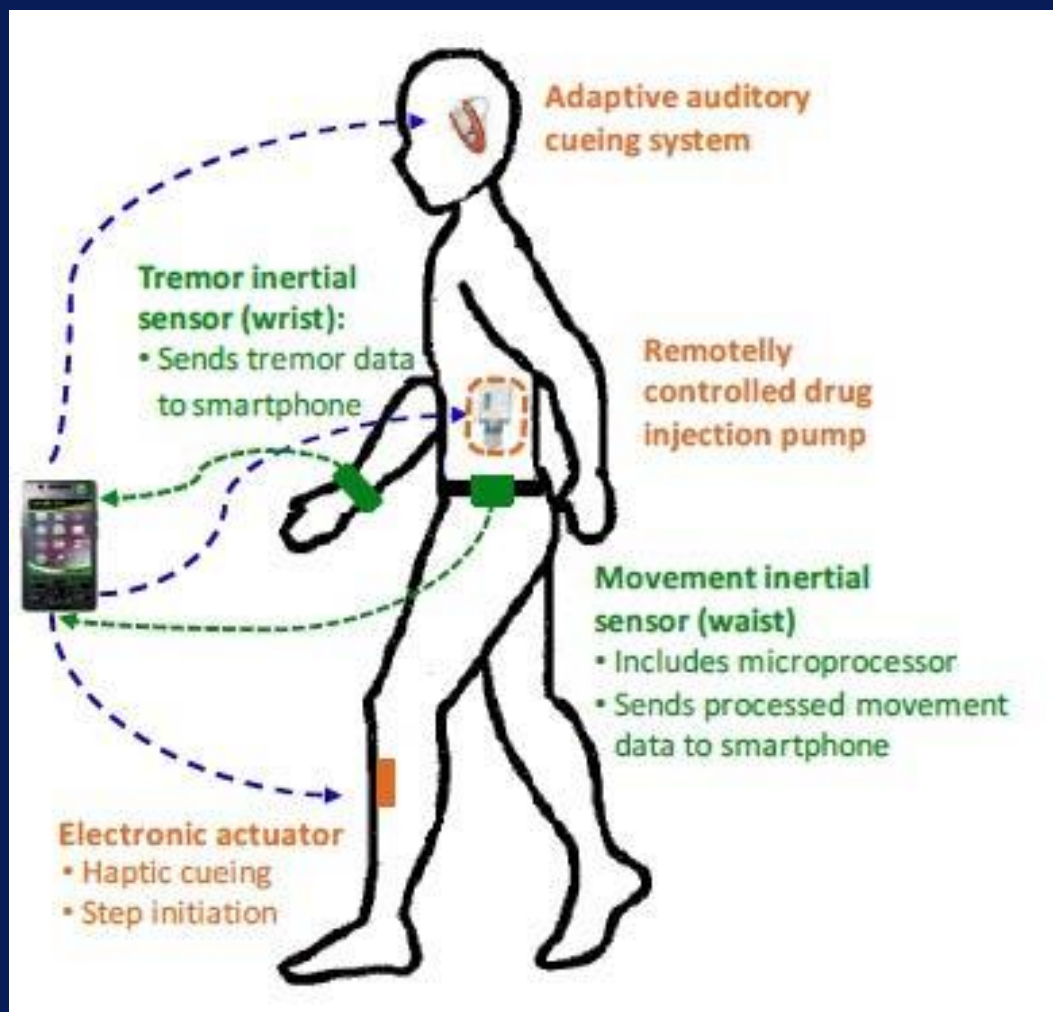
Wearable Gait Training



Wearable Gait Training



Comprehensive Monitoring / Treatment



Surgical Guidance via iPad



<http://www.proximie.com/Augmented-Reality/>

“Live” Viewing of Surgery for Trainees



Summary

- **Mobile devices – tablets and smart phones – have grown to become a major platform for computing and internet access**
- **Their small size, low cost, consumer familiarity, and built-in audio, video, sensors, and high resolution displays make them attractive for development and implementation of new health care applications**